

Prof. Andreas Eder

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### Research interests

My main research interest lies in understanding how motivations and emotions influence action control on the subpersonal (mechanistic) level, particularly focusing on the approach-avoidance distinction and aggressive behaviour. You can access a list of selected research topics [here](#).

### Proposals

#### 1.1. Kinesthetic Approach-Avoidance Training

Approach-avoidance training (AAT) procedures were developed with the prospect of modifying action impulses to approach or avoid specific stimuli. However, the processes underlying AAT effects are underresearched. In a small research project, our aim is to investigate whether kinesthetic perceptions arising from effortful behaviors can influence evaluative judgments of neutral stimuli paired with them.

Key reading:

- Van Dessel, P., Eder, A. B., & Hughes, S. (2018). Mechanisms underlying effects of approach-avoidance training on stimulus evaluation. *Journal of Experimental Psychology: Learning, Memory, and Cognition*, *44*(8), 1224–1241. <http://dx.doi.org/10.1037/xlm0000514> (you can access the article at my personal website ([Publications](#))).

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