

## Rapid and accumulated modulation of action-effects on action

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## Abstract

Auditory feedback to a keypress is used in many devices to facilitate the motor output. The timing of auditory feedback is known to have an impact on the motor output, yet it is not known if a keypress action can be modulated online by an auditory feedback or how quick an auditory feedback can influence an ongoing keypress. Furthermore, it is not clear if the prediction of auditory feedback already changes the early phase of a keypress action independent of sensory feedback, which would suggest that such prediction changes the motor plan. In the current study, participants pressed a touch-sensitive device with auditory feedback in a self-paced manner. The auditory feedback was given either after a short (60 ms) or long (160 ms) delay, and the delay was either predictable or not. Our results showed that the keypress peak force was modulated by the amount of auditory feedback delay even when the delay was unpredictable, thus demonstrating an online modulation effect. The latency of the online modulation was suggested to be as low as 70 ms, indicating a very fast sensory to motor mapping circuit in the brain. When the auditory feedback delay was predictable, a change in the very early phase of keypress motor output was found, suggesting that the prediction of sensory feedback is crucial to motor control. Therefore, even a simple keypress action contains rich motor dynamics, which depend on expected as well as online perceived sensory feedback.

*Keywords:* Keypress; Force trajectory; Delayed auditory feedback; Online control; Motor prediction

## Introduction

Actions are accompanied by sensory feedback. For example, we hear our own voices when we speak. The importance of auditory feedback in regulating motor control has been recognised since the 1950s using the delayed auditory feedback paradigm (Black, 1950; Chase, Harvey, Standfast, Rapin, & Sutton, 1959; Kalmus, Denes, & Fry, 1955; Lee, 1950; Pfordresher & Dalla Bella, 2011; Sasisekaran, 2012; van Vugt & Tillmann, 2015). In most natural situations, the auditory feedback from actions is usually instant (a counterexample is when we speak in a large room, see Black (1950)). In the delayed auditory feedback paradigm, the latency of auditory feedback is experimentally manipulated so that the auditory feedback follows actions with a small amount of delay. A typical finding is that delayed auditory feedback has adverse effects on the performance of actions in various systems. For example, when people hear their own voice with a 200 ms delay, they speak louder and slower.

In a manual tapping task, delayed auditory feedback leads to increased tapping peak force (e.g. Chase et al., 1959). In some recent demonstrations, participants were asked to make keypresses, and they pressed more lightly when a sound followed the press without any delay as compared to when the sound was delayed or when no sound was present (Cao, Steinborn, Kunde, & Haendel, 2020; Neszemlyi & Horvath, 2018; see also Chase, Rapin, Gilden, Sutton, & Guilfoyle, 1961). Although it is clear that finger tapping behaviour can be modulated by auditory feedback, the underlying mechanism is not clear. A motor response starts with a motor programme and can be modified by online feedback (Shadmehr, Smith, & Krakauer, 2010; Todorov, 2004; Wolpert, Miall, & Kawato, 1998). Two questions are relevant here. The first question is how quick the auditory feedback can modulate an ongoing keypress, or stated as whether an online modulation is possible for a keypress. A keypress is a very quick movement, which lasts about 300 ms. Thus, it may be programmed to be rather ballistic, and an online modulation is not possible. The answer to the question cannot be derived from existing studies

as the feedback delay in a series of keypresses is constant. When a series of keypresses is followed by auditory feedback of the same delay, i.e. the feedback delay is predictable, the prediction of the auditory feedback may change the motor output (Flanagan, Vetter, Johansson, & Wolpert, 2003; Shadmehr et al., 2010). Therefore, it is not known if a keypress peak force increase due to a delayed auditory feedback results from the auditory feedback of the current keypress or learning from previous trials. However, if an unpredictable auditory feedback delay also leads to a modulation of keypress peak force (e.g. the force is higher for delay vs. no delay or for long delay vs. short delay), an online modulation process can be assumed to be at work.

The second question is closely related to the first question, i.e. whether a motor prediction related signal can be detected in the keypress behaviour when the auditory feedback is constantly delayed. Motor prediction refers to the process of predicting the sensory feedback from own actions (reafferent inputs), and it is deemed as a part of motor programme (Wolpert & Flanagan, 2001). In the time course of a keypress, the dependent variable of keypress peak force used in existing studies occurs too late to be a motor prediction related signal if it receives online modulation. For motor prediction related signals, one needs to focus on the very early phase of motor output in which an influence of sensory feedback is physiologically impossible (due to sensory feedback delay). Therefore, a successful detection of a modulation in the early phase of keypress force trajectory due to feedback predictability reflects a change in motor programme and the related motor prediction. This may open up a possibility to study motor control processes within key pressing behaviour, a very common response in cognitive studies, in a very fine-grained fashion.

To answer the above two questions, a keypress experiment was performed with a manipulation of the predictability of auditory feedback delay. The keypress force was recorded as the dependent variable. We show that the keypress peak force is modulated by the auditory feedback delay when the delay is predictable, and most importantly, also when the delay is

unpredictable (evidence for online modulation). We also show that the early phase of keypress force trajectory is modulated by the predictability of the auditory feedback delay (evidence for a change in motor programme).

## **Methods**

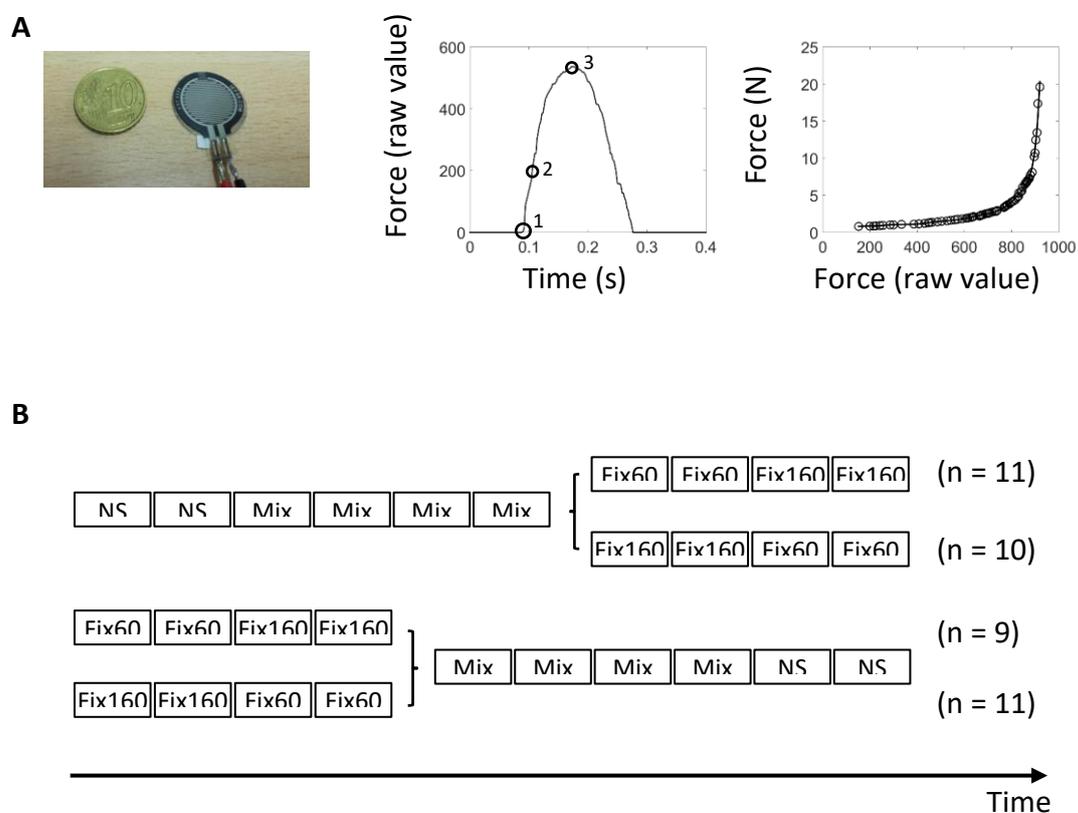
### **Participants**

49 healthy participants (28 females; mean age = 28.7; SD = 8.8) volunteered to participate in the study. Of all the participants, 23 were colleagues and friends, and the rest were recruited from a local participant pool. Only external participants received monetary compensation for participation. 41 participants were included in the peak force analysis and 39 in the force trajectory analysis (see data exclusion criterion below). Informed consent was obtained from all participants. The study was approved by the local ethics committee (Institute of Psychology, Faculty for Human Sciences, University of Würzburg; project number: GZ 2018-27) and conducted in accordance with the Declaration of Helsinki and the European data protection law (GDPR).

### **Task, Stimuli, and Apparatus**

Participants sat in front of a laptop and completed a self-paced keypress task. The keypress, in our case, was made against a flat surface similarly to making a keypress on a touch screen without any movement of the key itself (Fig. 1A). The auditory feedback following a keypress was manipulated (Fig. 1B). There were two predictable auditory delay conditions, Fix60 and Fix160. In the Fix60 condition (100 keypresses), a keypress was always followed by a 60 ms delayed sound. In the Fix160 condition (100 keypresses), a keypress was always followed by a 160 ms delayed sound. Fix60 and Fix160 conditions were presented in separate testing blocks so that the same delay was presented in a testing block. There were two unpredictable auditory feedback delay conditions, Mix60 and Mix160. In the Mix60 condition (100 keypresses), the keypress was always followed by a 60ms delayed sound. In the Mix160 condition (100 keypresses), a keypress was always followed by a 160ms delayed sound. The Mix60 and Mix160 conditions were presented in the same testing block. To make sure that the feedback

delay was unpredictable, the feedback delays in this testing block were randomised using the ‘randperm’ function in Matlab. The presentation order of predictable and unpredictable auditory feedback conditions was counterbalanced among participants. In addition, a NoSound condition (100 keypresses) was included in separate testing blocks, in which no auditory feedback was provided after a keypress. The NoSound condition served as a baseline condition in which the general effect of auditory feedback on keypress can be compared (Neszmelyi & Horvath, 2018).



**Figure 1. Experiment details.** (A) The key used in the study (left), an example of force trajectory of a keypress (middle), and the empirically measured relationship between the sensor measured raw force value and force value in Newton (right). The 3 dots in the example force trajectory (middle) represent the force start point (i.e. the last point with a force value of 0 before the keypress force escalates; point 1), the keypress start point (raw force value at 200; point 2), and the peak force point (point 3). Each circle in the right plot shows a measurement point in assessing the mapping between sensor measured raw force and force in Newton. A polynomial fitting curve is overlaid. (B) Experimental conditions. Each participant completed the experiment in one of the 4 orders, with the included number of participants in the final analysis shown on the right. Each box represents a testing block (50 trials).

For each participant, 500 keypresses (or trials) were collected in blocks of 50 keypresses (10 blocks in total), and a self-paced break was given between blocks. During each testing block, participants were asked to fixate the screen centre, where the block number was constantly presented. Participants were told to make a keypress after about every 2 seconds. Of the 41 participants included in the final analysis (see Data exclusion), the average inter-keypress interval was 2.54 (SD = 0.98) seconds in NoSound condition, 2.34 (SD = 0.99) in mix condition, 2.36 (SD = 1.07) in Fix60 condition, and 2.52 (SD = 1.03) in Fix160 condition. No significant difference was found between conditions in the inter-keypress interval with a within-subjects one-way ANOVA ( $F(3,120) = 1.47, p = 0.24, \eta_p^2 = 0.04$ ).

The auditory feedback was a 1000 Hz tone (50 ms in duration; 5 ms rise/fall ramp), which was presented via headphones (Vic Firth SIH1) at a comfortable volume level (same volume for all participants). Participants wore the headphones throughout the experiment (i.e. including the NoSound condition). The force information of a keypress was collected by a force sensing resistor (FSR; model 402, Interlink Electronics Inc., USA). The FSR, which is also the key being pressed, has a circular active area with a diameter of ~1.3 cm. A 10 kOhm resistor, from which the voltage information was collected, was connected in series with the FSR with an input voltage of 5V. With increased force applied on the active area of the FSR, the FSR would reduce its resistance, which would result in increased current flow in the circuit and increased voltage on the 10 kOhm resistor. Analog to digital conversion was achieved using a microcontroller ATmega16 (10-bit precision; Microchip Technology Inc., USA). Each digit in the recorded data represents ~5 mV (5V/1023). The force was sampled at 500 Hz. The relationship between applied force and recorded voltage (i.e. the raw FSR force value) is monotonic but not linear (Fig. 1A, right). During the testing, participants put the index finger of their dominant hand directly on the FSR (softly in contact). The index finger was always in contact with the FSR, resting very softly on the sensor before and after each keypress so that

no force was detected by the FSR, even during the break between blocks. This contact with the FSR was most often below the FSR force detection threshold (around 0.3 N). It brought two advantages with the finger always being in contact with the device: 1. No auditory feedback from the keypress itself (i.e. physical vibrations) could be heard by participants; 2. The relative position between the finger and the FSR did not change throughout the experiment, which made the FSR output comparable among all keypresses. In conditions with auditory feedback, the timing of auditory feedback was also controlled by the FSR output. A sound was played after the FSR output reached a threshold value of 200 (~ 0.87 N), which was referred to as the keypress start point. A keypress was made by briskly depressing the index finger. The measured delay between the keypress start and physical sound wave output was 60.6 ms (SD = 6.0; 100 sound measurements) and 161.3 ms (SD = 6.8s; 100 sound measurements) for the intended 60 and 160 ms delay, respectively.

Participants were given a few practice keypresses (between 4 and 8 keypresses) to get familiarised with the key (FSR) before data collection. During the practice, participants were instructed on the correct way to make a keypress. Participants always had to keep the finger in contact with the key; briskly depress the key; then wait for about 2 seconds before the next keypress. Each successful keypress was followed by a letter 'k' on the screen immediately after the keypress start point (no visual feedback was given in the formal testing). At the end of the formal testing, participants were asked to make 3 additional strong keypresses. These 3 keypresses gave larger peak FSR output values than keypresses from any testing condition, indicating that the keypress force collected during the testing was in the working range of FSR. After the data collection, participants were asked if they realised anything wrong with respect to the sound. No one mentioned the delay of the sound.

### **Data exclusion**

For each keypress, the associated force trajectory and peak force was extracted (see Fig. 1A for an example). In our experimental set-up, the data stream of FSR output was not available for controlling the auditory feedback until 1 second after the beginning of each trial. Therefore, in conditions with auditory feedback, if a keypress was made immediately after the preceding keypress (within 1 second), the intended timing manipulation of auditory feedback based on the FSR output cannot be achieved. These trials were excluded. Trials that had double peaks in the keypress force trajectory with at least 40 ms of raw force value lower than 200 between the two peaks were also excluded as there was a pause during the keypress, and the manipulation of auditory feedback timing may also not be accurate. For each participant, the number of excluded trials was calculated for each testing block. A testing block was excluded if more than 20% of trials (i.e. 10 trials) were excluded. A participant was excluded if no blocks remained after the block exclusion procedure for any auditory feedback condition (Mix60, Mix160, Fix160, Fix60). In total, 8 participants were excluded after this step, i.e. 41 participants were included in the peak force analysis. Among the remaining participants, 13 blocks (3.2% of all blocks) were excluded from 7 participants. On average, 96.3 (SD = 12.0) trials were left in the NoSound condition, 93.0 (SD = 18.1) trials in Mix60, 91.8 (SD = 16.6) trials in Mix160, 93.8 (SD = 15.4) trials in Fix60, and 97.3 (SD = 3.3) trials in Fix160. No significant difference in the number of trials was found between conditions (one-way within-subjects ANOVA:  $F(4,160) = 1.93, p = 0.14, \eta_p^2 = 0.05$ ).

In the force trajectory analysis, the force trajectory of each trial was aligned to the force start point and averaged across trials. For each keypress included in the peak force analysis, the force start point was defined as the last time point with a force value of 0 within the 400 ms time window ending at the peak force point. If no points with a force value of 0 were found, the trial was excluded. Two more participants were excluded from further analysis as no more than 15 trials were left in at least one condition. The average number of trials included in the

force trajectory analysis was 86.5 (SD = 22.9) in the NoSound condition, 88.1 (SD = 17.7) in Mix60, 84.8 (SD = 17.9) in Mix160, 85.7 (SD = 20.6) in Fix60, and 81.8 (SD = 23.8) in Fix160. There was no significant difference in the number of trials between conditions in the force trajectory analysis (one-way within-subjects ANOVA:  $F(4,152) = 0.83$ ,  $p = 0.47$ ,  $\eta_p^2 = 0.02$ ).

### **Data analysis**

All the results were reported with force values converted to Newton in the main text. However, qualitatively similar results were obtained from the data analysis with raw FSR force values. Since the keypress peak force was not normally distributed, robust statistical measurements based on randomisation were used, and individual data were always presented for clarity. The data analysis was performed with Matlab (The MathWorks Inc., USA). The  $p$  value of 0.05 was taken as the statistical significance cut-off, and corrections for multiple comparisons were made and mentioned where relevant.

To answer question 1, the critical test was to compare the keypress peak force between Mix60 and Mix160. If a difference in the auditory feedback delay can lead to a difference in the peak force when the delay was not predictable, the difference in the peak force could only be due to an online modulation. We performed a two-level non-parametric test. First, a randomisation test was made to test whether Mix160 had a higher peak force than Mix60 for each participant so that each participant had a  $p$  value (referred to as ' $p_{\text{rand}}$ ' later). One-tailed test was used here since it has been shown that a long auditory feedback delay led to higher keypress force than a short keypress delay (Neszmelyi & Horvath, 2018; Ruhm & Cooper, 1962). The rationale of the randomisation test is that if there are no differences between two conditions, values from the two conditions should be exchangeable. Therefore, an individual  $p_{\text{rand}}$  value was obtained in the following 4 steps: 1. Compare Mix160 and Mix60 using an unpaired t test and keep the t value as the original t. 2. Take all the force values from Mix160 and Mix60 and randomise

the order of those force values before assigning them back to the two conditions. Compare the two conditions after randomisation and get a  $t$  value as a randomised  $t$ . 3. Repeat step 2 for 1000 times so that there are 1000 randomised  $t$  values. 4. Check the proportion of randomised  $t$  values that are bigger than the original  $t$ , which is then the individual  $p_{\text{rand}}$  value. We report all  $p_{\text{rand}}$  values as  $p_{\text{rand}} < 0.001$  when  $p_{\text{rand}}$  value is 0 after 1000 randomisations. Note that in this case, a small  $p_{\text{rand}}$  value indicates that Mix160 is higher than Mix60, and a large  $p_{\text{rand}}$  value indicates the opposite. Second, the group level  $p_{\text{rand}}$  value for Mix160 having higher peak force than Mix60 was obtained by comparing the individual  $p_{\text{rand}}$  values to 0.5 (chance level) with the randomisation test. The procedure was similar to the procedure of getting individual  $p_{\text{rand}}$  values except that the randomisation only took place within participants, i.e. the condition relabelling was performed for each participant separately so that each participant always had the same pair of data points. The same randomisation test was also used to make comparisons between, for example, Fix160 and Fix60 (see the Results section).

To answer question 2, the average keypress force trajectory was analysed. This analysis allows us to examine the early phase of motor output that is free from the influence of sensory feedback. The force trajectory of each keypress was selected from 200 ms before the force start point to 800 ms after. Within-subjects two-tailed  $t$ -tests were made on the average force trajectory at each time point (500 time points in total) of the force trajectory between Mix60 and Mix160, between Fix60 and Fix160, between the average of Mix60 and Mix160 ('Mix' in Fig. 3A legend) and the average of Fix60 and Fix160 ('Fix' in Fig. 3A legend), and between the NoSound condition and the average of the four conditions with auditory feedback ('WithSound' in Fig. 3A legend). Multiple comparisons over time points were corrected for each between-condition comparison using a cluster based permutation method with a cut-off  $p$  value at 0.05 (Maris & Oostenveld, 2007).

### **Data and code availability**

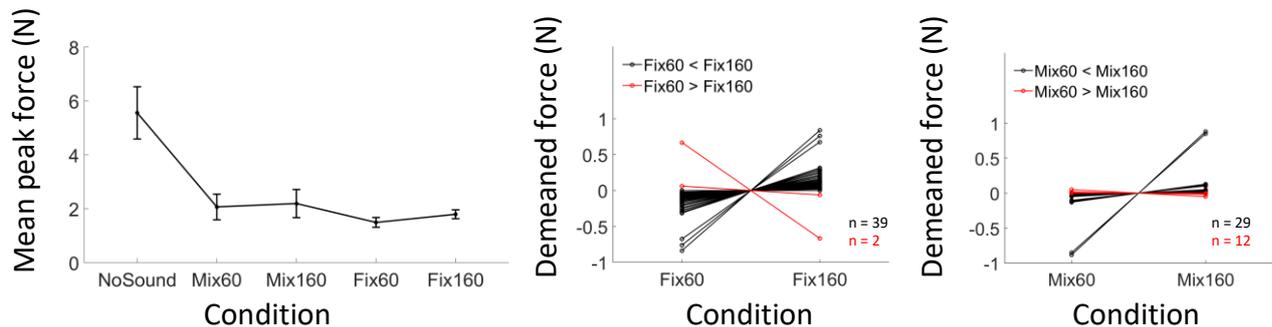
The original data and MATLAB analysis code are freely available online at:

<https://doi.org/10.6084/m9.figshare.12146271.v1>.

## Results

### The classic delayed auditory feedback effect

The manipulation of the auditory feedback from keypress had a significant influence on the keypress (Fig. 2, left). Consistent with previous studies on the effect of delayed auditory feedback, all the 4 conditions in which an auditory feedback followed the keypress had significantly weaker peak force than the condition in which no auditory feedback was provided (all the 4 between-condition comparisons had  $p_{\text{rand}} < 0.001$  with one-tailed randomisation test; NoSound: mean = 5.56 N, SD = 6.21 N; Mix60: mean = 2.07 N, SD = 3.05 N; Mix160: mean = 2.19 N, SD = 3.34 N; Fix60: mean = 1.49 N, SD = 1.17 N; Fix160: mean = 1.79 N, SD = 1.05 N). A long fixed delay (Fix160) led to higher keypress peak force than a short fixed delay (Fix60) ( $p_{\text{rand}} < 0.001$ , one-tailed randomisation test; Fig. 2, middle).



**Figure 2. Peak force results.** Mean peak force in each condition (left), and individual peak force comparison between Fix60 and Fix160 (middle) and between Mix60 and Mix160 (right). Each line represents the data of an individual participant (note that the mean force value from the contrasted conditions was subtracted for clear visualization, i.e. the demeaned force as shown on the y axis). Black lines show a difference in the same direction as the group average and red lines show the opposite. Vertical lines indicate  $\pm 1$  standard error. NoSound: keypress without auditory feedback; Mix: 160 ms and 60 ms delayed auditory feedback were mixed; Fix60 and Fix160: only 60 ms delayed or 160 ms delayed sound presented in one testing block.

### Online modulation revealed by peak force analysis

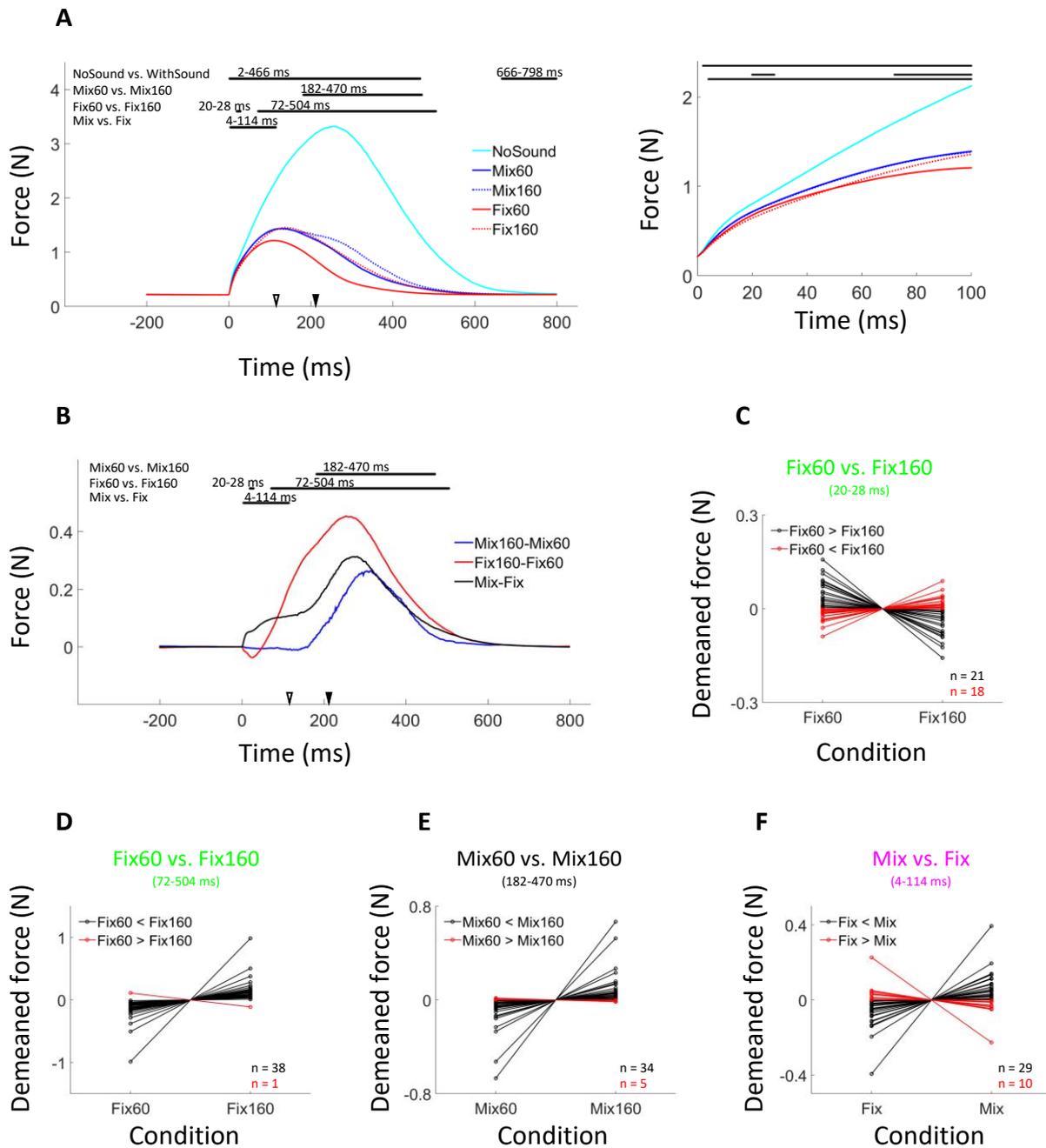
To test the effect of an online modulation of auditory feedback to the keypress action, a comparison of peak force was made between the 60 ms delayed sound and the 160 ms delayed

sound when both sounds were presented in a random order (i.e. unpredictable). Indeed, a 160 ms delayed sound still led to a stronger keypress force than a 60 ms delayed sound in this case (Mix160 > Mix60,  $p_{\text{rand}} < 0.001$ , one-tailed randomisation test; Fig. 2, right), which showed that auditory feedback could influence the triggering action on the fly. Excluding the two participants showing a large difference between Mix160 and Mix60 (Fig. 2, right) had no influence on the statistical results. Similar results were obtained with the data analysis on raw force values. However, the online modulation from auditory feedback can only occur if the auditory feedback arrived at a time point earlier than the peak force. Therefore, a sanity check was made. The mean duration between the keypress start and the peak force point (Fig. 1A) was 95.53 ms (Mix60) and 108.29 ms (Mix160) (176.45 ms in NoSound, 83.21 ms in Fix60, and 121.25 ms in Fix160). The 95.53 ms delay of peak force in the Mix60 condition may seem a bit short to be influenced by a 60 ms delayed sound (35.53 ms reaction latency from sound onset to motor response), but it was impossible for a 160 ms delayed sound to have a direct influence on the peak force at 108.29 ms in the Mix160 condition. This peak force delay was an average of all the 41 participants included in the data analysis, and not everyone showed an online modulation effect. If the participants showing a strong online adjustment effect were considered ( $p_{\text{rand}}$  value smaller than 0.05;  $n = 7$ ), the average peak force delay was 133.02 ms in the Mix60 and 183.01 ms in the Mix160. If participants were grouped based on the  $p_{\text{rand}}$  value, half of the participants with small  $p_{\text{rand}}$  values ( $p_{\text{rand}} < 0.3$ ;  $n = 20$ ) had an average peak force delay of 112.84 ms in the Mix60 and 133.28 ms in the Mix160; the other half with large  $p_{\text{rand}}$  values ( $p_{\text{rand}} > 0.3$ ;  $n = 21$ ) had an average peak force delay of 79.03 ms in the Mix60 and 84.49 ms in the Mix160. Therefore, there is enough time for a 60 ms delayed sound to exert its online modulation effect on motor output. The individual difference in the online modulation effect strongly depends on the idiosyncratic keypress behaviour.

### **Accumulated modulation revealed by force trajectory analysis**

The modulation effect of delayed auditory feedback on peak force was stronger when the delay was predictable (Fix160-Fix60; mean = 0.30 N; SD = 0.46 N) than when the delay was not predictable (Mix160-Mix60; mean = 0.13 N; SD = 0.38 N,  $p_{\text{rand}} = 0.04$ , two-tailed randomisation test). This suggests that there are other sources of modulation in the Fix conditions besides online modulation. We tested the idea that the extra modulation effect might even be detectable in the early phase of the keypress force trajectory beyond the influence of any sensory feedback. To do this, single trial keypress force trajectories were aligned to the force start point (Fig. 1B, middle), averaged like an event-related-potential study in electroencephalogram, and compared between conditions (Fig. 3A,B). Interestingly, significant differences in the average force trajectory were found between the Fix60 and the Fix160 conditions in two clusters. In the first cluster (starting at 20 ms after the force start point), the Fix60 condition had a higher force than the Fix160 condition (see Fig. 3B for a difference plot). However, individual results suggested that this pattern was not stable as more than 45% of participants showed the effect in the other direction (Fig. 3C). Furthermore, there was no such cluster when the data analysis was performed with the raw force values. The second cluster (starting at 72 ms) showed a reliable pattern that the Fix160 condition had a higher force than the Fix60 condition (38 out of 39 participants showed results in this direction; Fig. 3D). Since the starting point of a cluster cannot be taken as the point where statistical difference emerges (see Sassenhagen and Draschkow, 2019), the Fix60 and Fix160 conditions were compared with a within-subjects t-test at each time point in the entire time window. This was followed by a false discovery rate (FDR) adjustment. The first significant point from this analysis was at 80 ms, which was much earlier than the delivery of the 60 ms delayed auditory feedback. The average delivery time of the 60 ms delayed sound calculated from the force start point was at about 117 ms (the average sound delivery time was marked with triangles in Fig. 3 A,B). Therefore, the difference in force trajectory between the Fix60 and Fix160 conditions

started much before the sound delivery and cannot be explained by auditory feedback. The early difference can only be due to different motor commands.



**Figure 3. The results of force trajectory analysis.** (A) On the left, the average keypress force trajectory from each condition between -200 ms and 800 ms, with time 0 being the force start point. The horizontal black bars show the time windows of a significant difference in the comparison indicated on the left after applying the cluster correction for multiple comparisons. Numbers above the horizontal bar indicate the time window covered by the bar. Notably, sound predictability led to a very early modulation of keypress force trajectory (Mix vs Fix, Fix60 vs. Fix160). The empty triangle shows the average onset time of the 60 ms delayed sound calculated from the force start point, and the filled triangle shows the onset time of the 160 ms delayed sound. On the right, a clearer plot of the first 100 ms from the force start point. (B) A

difference plot is shown for better visualisation of the comparisons made in (A). For example, the blue line shows the result of subtracting the average force trajectory in Mix60 from Mix160. (C-F) Individual results from four significant time windows. Each line represents an individual participant and shows the force value in the selected time window (the mean force value from the contrasted conditions was subtracted for clear visualization, i.e. the demeaned force as shown on the y axis). Black lines show a difference in the same direction as the group average and red lines show the opposite. NoSound: keypress without auditory feedback; WithSound: the average of the keypress with auditory feedback conditions; Mix60 and Mix160: 60 ms delayed and 160 ms delayed sound presented in random; Fix60 and Fix160: only 60 ms delayed or 160 ms delayed sound presented in one testing block; Mix: the average between Mix160 and Mix60; Fix: the condition in which only 1 fixed delay was presented.

The same comparison between the Mix60 and Mix160 conditions led to a significant cluster in the time window between 182 and 520 ms. The earliest difference point as identified through a whole time window comparison followed by an FDR adjustment was at 192 ms, i.e. after the delivery of the 60 ms delayed sound. This difference can be interpreted as a feedback modulation, with a short delayed sound leading to a weaker force as compared to a long delayed sound. More strikingly, when the average force trajectory of the Mix conditions (Mix60, Mix160) was compared to the average force trajectory of the Fix conditions (Fix60, Fix160), a significant cluster was found between 4 and 114 ms, i.e. in the very early stage of the keypress action. As can be seen on the right of Fig. 3A, force trajectories from the conditions with auditory feedback formed two bundles in the early phase. The first bundle, with a shallow slope, was formed by the keypresses with predictable feedback timing (Fix60, Fix160). The second bundle, with a steep slope, was formed by the keypresses with unpredictable feedback timing (Mix60, Mix160). Similar results were obtained with the data analysis on raw force values. Results from the force speed (slope of force value over time) and force acceleration (slope of force speed over time) analysis also showed a similar pattern, that the Fix conditions had lower speed and acceleration than the Mix conditions in the very beginning from the keypress force start (results not shown). When there was no auditory feedback (NoSound

condition), the keypress force was higher than when the auditory feedback was provided, across the entire analysis time window.

## **Discussion**

The human motor system generates actions which, within given task constraints, are optimised with respect to certain variables such as effort, comfort, or variability (Todorov, 2004). When interacting with force sensitive devices, where only exerted force matters, it seems natural that the motor system aims to reduce unnecessary forces, and thus minimise metabolic effort. It has been shown that the latency and the availability of auditory feedback plays an important role in regulating the motor output during a keypress (Cao et al., 2020; Chase et al., 1959; Chase et al., 1961; Kalmus et al., 1955; Neszemlyi & Horvath, 2018; Pfordresher & Dalla Bella, 2011; van Vugt & Tillmann, 2015). In the current study, we showed that auditory feedback can exert an online modulation on keypress behaviour before the keypress is complete. We also showed that predictable delays in auditory feedback can lead to a change in motor programme.

Online control suggests that force output is increased until extra-tactile feedback, which signals that enough force has been exerted, comes in. This process was clearly confirmed by demonstrating that the keypress peak force was reduced with early (60ms) compared to late (160 ms) auditory feedback when both were equally unpredictable. In motor control studies, there is an ongoing debate on how quick sensory feedback can influence the motor output. For example, human goal directed movements (e.g. pointing to an object with the finger: Elliott, Helsen, and Chua, 2001; Woodworth, 1899) probably require a latency of at least 100 ms before a visual signal can influence the motor output (Elliott et al., 2001). In the current study, the average latency from the onset of auditory feedback to the time point of keypress peak force, where a significant modulation from auditory feedback was found, was 73 ms (133-60) in the Mix60 condition for the 7 participants showing a strong online modulation effect. This suggests that the latency for an online modulation of motor output from sensory feedback may be

overestimated, at least in the auditory domain. Interestingly, our results are consistent with reports of fast orienting response to visual stimulus. Neck muscles in monkeys (Corneil & Munoz, 2014; Corneil, Olivier, & Munoz, 2004) and arm muscles in humans (Pruszynski et al., 2010) show a very short latency response to visual stimuli (55-95 ms in monkeys). A very recent study in monkeys also showed that at least for the initiation of smooth pursuit eye movements, a latency as short as 50 ms was enough for a visual signal to show an impact on the oculomotor output (Buonocore, Skinner, & Hafed, 2019). The current study, to the best of our knowledge, is the first to demonstrate that a self-generated auditory feedback can have an almost comparably fast influence on motor output (finger movement).

The motor programme change was observed in the early phase of keypress force trajectory. A long predictable auditory feedback delay (160 ms) led to a steeper increase of keypress force than a short predictable auditory feedback delay (60 ms) in a time window far earlier than the arrival of auditory feedback. Therefore, the early force difference cannot be explained by sensory feedback and can only be explained by a change in the motor programme. The motor programme change is related to the predictability of the auditory feedback delay. Supporting this, the early force difference was not observed when the auditory feedback delay was not predictable (Mix60 vs. Mix160). There may be at least two explanations for the motor programme change. One explanation is that the effect from online modulation accumulates, and the motor programme change is a passive adaptation to the auditory feedback delay. According to this explanation, the order of the steepness of early force trajectory should be (from high to low): Fix160, Mix160, Mix60, Fix60. This is because a long feedback delay leads to a higher force than a short feedback delay, and a higher force should be associated with a steeper slope (see the force trajectory of NoSound condition; Fig. 3A). Fix160 had a 160 ms feedback delay in all trials, and should have the steepest slope. Mix160 also received a 160 ms feedback delay in all trials but was interrupted by some 60 ms feedback trials in between, so it

should have the second steepest slope. Following the same rationale, it may not be difficult to figure out that Mix60 and Fix60 should have the third and the fourth steepest slope, respectively. However, the results clearly showed that the force trajectories of both the Mix160 and Mix60 conditions were above the Fix160 and Fix60 conditions (Fig. 3A, right). Furthermore, the average of the Mix160 and Mix60 conditions had a statistically significant steeper slope than the average of the Fix160 and Fix60 conditions in the time window between 4 and 114 ms from the keypress force start. Therefore, an explanation of passive motor adaptation is highly unlikely for the early keypress force slope change (note that we do not exclude the possibility that a passive motor adaptation may exist). The other explanation is that the motor programme change is a result of an active motor adaptation, which involves the prediction of the auditory feedback. This explanation is consistent with neurophysiological findings that the brain can learn the auditory feedback delay (Cao, Veniero, Thut, & Gross, 2017; Elijah, Le Pelley, & Whitford, 2018) and that the prediction of sensory feedback is crucial to motor control (Flanagan et al., 2003; Kunde, Koch, & Hoffmann, 2004; Wolpert & Flanagan, 2001). Therefore, the change in the early phase of keypress force trajectory may well be a sign of an updated motor prediction.

The approach of averaging force trajectories over trials is not without caveats. For example, the difference between the Mix60 and Mix160 conditions in the force trajectory only showed up from 182 ms, which was after the peak of the average force trajectory. It was already shown that the peak force was different between the two conditions from previous analyses. Thus, trial averaging smears the timing information of between-condition differences due to an intertrial variation in the force trajectory. However, the early component of the force trajectory can be considered as a realisation of the motor command behind, and trial-averaging should work to reveal the signal in a way similar to the event related potential technique in human neuroimaging studies. There are surely other approaches to the analysis of force profiles (e.g.

looking at the skewness and kurtosis of each keypress, see Ulrich, Rinkenauer, and Miller (1998)). The trial-averaging approach, as we discussed, is theoretically sound for the purpose of the current study. We conclude that the force profile difference between the Fix60 and Fix160 conditions, between the average of the Mix conditions and the average of the Fix conditions, in the very early time window clearly indicates an open-loop component of motor control, whereas the force profile difference between the Mix60 and Mix160 conditions should be interpreted as a sign of a closed-loop control (cf. Wing, 1977).

Overall, our findings suggest that the prediction of the auditory feedback changes the motor programme, which indicates that the prediction of sensory feedback is crucial to motor control. At the same time, unpredictable auditory feedback can lead to an online modulation of motor output at a very low latency (~70 ms).

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